

BOUTIQUES:

MUSIC HALL

PHSYCO

MOTION CAGE

LUNES		MARTES		MIÉRCOLES		JUEVES		VIERNES		SÁBADO		DOMINGO	
8:00		8:00	VIRTUAL	8:00		8:00	VIRTUAL	7:30	VIRTUAL	8:00		8:00	
8:30	VIRTUAL	8:30		8:30	VIRTUAL	8:30		8:00		8:30		8:30	
9:00		9:00		9:00		9:00		8:30		9:00		9:00	
9:30	CIRCUIT	9:30	WKOUT	9:30	ROCK HIIT	9:00		9:00		9:30		9:30	
10:00	SIX PACK	9:30		10:00	SIX PACK	9:30	QLO	9:30	CIRCUIT	10:00		10:00	
10:30	THE ROAD	10:00		10:30	STRETCHING MOVILITY	10:00		10:00		10:30		10:30	
11:00		10:30		11:00		10:30	THE ROAD	10:30		11:00	CIRCUIT	11:00	CIRCUIT
11:30		11:00	PILATES	11:30		11:00		11:00		11:30		11:30	
12:00	SHAKE	11:30		12:00		11:30	PILATES	11:30	SHAKE	12:00	THE ROAD	12:00	VIRTUAL
12:30		12:00		12:30		12:00		12:00		12:30		12:30	
13:00		12:30		13:00		12:30		12:30		13:00		13:00	
13:30		13:00		13:30		13:00		13:00		13:30		13:30	
		13:30						13:30					

14:00		14:00		14:00		14:00		14:00		14:00		14:00	
14:30	CIRCUIT	14:30	THE ROAD	14:30	SUSPENSION	14:30	ROCK HIIT	14:30		14:30		14:30	
14:30	PILATES	14:30		14:30		14:30		14:30		14:30		14:30	
15:00	SIX PACK	15:00		15:00	SIX PACK	15:00	SIX PACK	15:00	VIRTUAL	15:00		15:00	
15:30		15:30		15:30		15:30		15:30		15:30		15:30	
16:00		16:00		16:00		16:00		16:00		16:00		16:00	
16:30		16:30		16:30	VIRTUAL	16:30		16:30		16:30		16:30	
17:00		17:00	VIRTUAL	17:00		17:00		17:00		17:00		17:00	
17:30		17:30		17:30		17:30		17:30		17:30		17:30	
18:00	WKOUT	18:00	STRENGHT	18:00	WKOUT	18:00	ROCK HIIT	18:00	FEELIVE	18:00		18:00	
18:30		18:30		18:30		18:30	SIX PACK	18:00	ROCKHIIT	18:30		18:30	
19:00	SHAKE	19:00	UNITED COMBAT	19:00	SHAKE	19:00	QLO	18:30	SIX PACK	19:00		19:00	
19:00	CIRCUIT	19:00	THE ROAD	19:00	THE ROAD	19:00	THE ROAD	19:00	THE ROAD	20:00		20:00	
19:15	THE ROAD	19:00		19:30		19:30		19:00	SHAKE	20:30		20:30	
19:30		19:30		20:00	PILATES	20:00	SHAKE	19:30		21:00		21:00	
20:00	STRENGHT	20:00	THE ROAD	20:00	ROCK HIIT	20:00	THE ROAD	20:00	QLO	21:30		21:30	
20:15	YOGA	20:00	SHAKE	20:30	SIX PACK	20:00	STRENGHT	20:30					
20:30	SIX PACK	20:30		21:00	THE ROAD	20:30		21:00					
21:00	ROCK HIT	21:00	PILATES	21:30		21:00	YOGA	21:30					
21:30		21:00	STRENGHT			21:00	VIRTUAL						
		21:30	SIX PACK			21:00	ROCK HIIT						
						21:30	SIX PACK						